**"Empathy Makes All the Difference in Understanding Each Other.
Curious About Your Empathy Score? Take the Survey Below to Discover Your Strengths."**

Empathy Survey

For each statement, **Strongly Disagree =1, Disagree = 2, I Don't Know = 3, Agree = 4, Strongly Agree = 5:**

1. I often try to understand how others are feeling, even if they don't express it explicitly.
    - Agree [ ] Disagree [ ] I Don't Know [ ] Strongly Agree [ ] Strongly Disagree [ ]
2. I find it easy to put myself in someone else's shoes and see things from their perspective.
    - Agree [ ] Disagree [ ] I Don't Know [ ] Strongly Agree [ ] Strongly Disagree [ ]
3. I am attentive and responsive when someone needs emotional support.
    - Agree [ ] Disagree [ ] I Don't Know [ ] Strongly Agree [ ] Strongly Disagree [ ]
4. I genuinely care about the well-being of others, even if I don't know them well.
    - Agree [ ] Disagree [ ] I Don't Know [ ] Strongly Agree [ ] Strongly Disagree [ ]
5. I tend to avoid judging people before I understand their circumstances.
    - Agree [ ] Disagree [ ] I Don't Know [ ] Strongly Agree [ ] Strongly Disagree [ ]
6. I am a good listener and make an effort to validate others' feelings.
    - Agree [ ] Disagree [ ] I Don't Know [ ] Strongly Agree [ ] Strongly Disagree [ ]
7. I often feel a strong emotional connection when I see someone going through a difficult time.
    - Agree [ ] Disagree [ ] I Don't Know [ ] Strongly Agree [ ] Strongly Disagree [ ]
8. I am willing to help others, even if it inconveniences me.
    - Agree [ ] Disagree [ ] I Don't Know [ ] Strongly Agree [ ] Strongly Disagree [ ]
9. I believe in treating all individuals with kindness and respect.
    - Agree [ ] Disagree [ ] I Don't Know [ ] Strongly Agree [ ] Strongly Disagree [ ]
10. I make an effort to offer support and comfort to those who are going through tough times.
    - Agree [ ] Disagree [ ] I Don't Know [ ] Strongly Agree [ ] Strongly Disagree [ ]

Add your scores and put the final score here: _____

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